

Unit 3 Lesson 4

Elimination Needs & Pressure Sores

Vocabulary	Definition
1. anal	having to do with the anus
2. anus	opening in the body where solid waste leaves the body
3. ankle	the joint between your foot and your leg
4. backbone	the row of connected bones that go down the middle of your back
5. bedsore	area of injured skin or tissue caused by sitting or lying in one position for too long; also called pressure sore, decubitus ulcer, or pressure ulcer
6. bladder	the organ in your body that holds urine
7. defecation	the process of excreting feces from the rectum through the anus;
8. dehydration	loss of water or fluids
9. discolored	a change in color from what is normal
10. elbow	the joint where your arm bends
11. electrolytes	chemicals in the body that are necessary for normal health and functioning
12. elimination	the process of getting rid of the substances (waste materials) which your body no longer needs; also excretion
13. feces	solid waste material from the bowels
14. genitalia / genital	male or female reproductive organs, usually referring to external areas
15. hydration	to supply someone or something with water to keep them healthy and in good condition
16. illness	a disease of the body or mind

17. incontinent	unable to control the passing of liquid or solid waste from your body
18. intestines	the long tube in your body through which food passes after it leaves your stomach
19. knee	the joint that bends in the middle of your leg
20. kidney	one of the two bean shaped organs in the upper abdomen that separates waste products from the blood and produces urine
21. meatus	opening at the end of the urethra where urine leaves the body
22. moisture	small amounts of water that are present in the air, in a substance, or on a surface
23. perineal	the genital and anal areas of the body
24. pressure sore	area of injured skin or tissue caused by sitting or lying in one position for too long; also called bedsore, decubitus ulcer, or pressure ulcer
25. rectum	lower part of the intestine
26. shoulder blades	one of the two flat bones on each side of your back
27. symptom	something wrong with your body or mind that shows you have an illness
28. toilet	a large bowl that you sit on to get rid of waste liquid or waste matter from your body
29. urinary system	part of the body that gets rid of wastes from blood, produces and eliminates urine, maintains electrolytes
30. urethra	tube from the bladder where urine passes out of the body
31. ureters	tubes that carries urine from the kidneys to the bladder
32. urinary tract	the path or system that urine follows in order to leave the body
33. UTI Urinary tract infection	infections of different parts of the urinary tract caused by bacteria
34. urine	the yellow liquid waste that comes out of the body from the bladder